



# STRONG COMMUNITIES. BRIGHT FUTURES.

## YMCA of Metropolitan Denver

ADAMS COUNTY YMCA PROGRAM OFFICE  
AURORA FAMILY YMCA  
COMMUNITY PROGRAMS BRANCH  
DOWNTOWN YMCA

GLENDALE FAMILY YMCA  
LITTLETON FAMILY YMCA  
SCHLESSMAN FAMILY YMCA  
SOUTHWEST FAMILY YMCA  
SUSAN M. DUNCAN FAMILY YMCA

## Community Programs Branch

- Dedicated solely to community programming
- Serving the underserved
- Enhancing access and opportunity for all

All of us working together to make Denver great.  
**For a better us.™**

[www.DenverYMCA.org](http://www.DenverYMCA.org)



## YOUR SUPPORT MAKES ANYTHING POSSIBLE

I/We pledge \$  to the YMCA Annual Campaign providing financial assistance to those in need.

Name(s): \_\_\_\_\_

Date: \_\_\_\_\_

Business Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Primary Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Gift is from:  A business  An individual  Anonymous

Name as it should appear in recognition: \_\_\_\_\_

I do not wish to be recognized in publications

Colorado Child Care Contribution Credit

### PAYMENT OPTIONS

Please check one of the following:

- Enclosed is my donation of \$ \_\_\_\_\_
- Please charge my credit card \$ \_\_\_\_\_
  - monthly  quarterly  one time in \_\_\_\_\_
- Please add to my Membership Draft
- Please bill me one time in \_\_\_\_\_
- Please bill me \$ \_\_\_\_\_ monthly
- Please bill me \$ \_\_\_\_\_ quarterly (March, June, September, December)
- Other: \_\_\_\_\_

Please check one of the following:

- MasterCard  Visa  Discover

Account number: \_\_\_\_\_ Exp. date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Campaigner: \_\_\_\_\_ Branch: Community Programs Branch (if applicable)

### MATCHING GIFT

- My company will match my gift
- I'm not sure if my company will match my gift, please look up

My company's name: \_\_\_\_\_



# FOR A BETTER US™

## YOU'RE MAKING ANYTHING POSSIBLE

Today in Denver, families are connecting, and children are growing up secure, encouraged, and nurtured. Community is being fostered, as people are getting involved, reaching out, and helping each other.

It's all happening thanks to your support of our YMCA. Together we're taking on challenges, improving the health and wellness of teens and families, and raising our community up to be everything it can be.

**Look inside to see all you're making possible, right here where we live. For a better us.**



# YOU'RE LENDING A HAND

When you support the Community Programs Branch, you increase opportunity for all in our community.

Every year this Y serves more than 500 families, reaching over 1,110 children. The Y helps provide the little things – diapers, shampoo, school supplies – and the big things – navigating resources, filling out job applications, and getting help with food and utilities.

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**FOR PEOPLE WHO STRUGGLE JUST TO KEEP THE ELECTRICITY ON, FIND WARM COATS FOR WINTER, OR GET TO THE DOCTOR'S OFFICE, THIS SUPPORT IS A GAME CHANGER.**  
.....

It's what helps Irene, a dedicated mom who stays home to care for her youngest children, Melody 9, Jesse 6, and Walter 4 (all pictured below), while her husband is at work. Through the Y, Irene can not only meet her family's needs for basic living, she can create better lives for them by learning how to cook healthy meals on a limited budget. She can take fitness classes, and discover ways to keep her family active and well. Irene also has support to do her own part to help others, by spreading news of the Y to her friends and family, and at her kids' school where she can now regularly volunteer.

Through your help, families like Irene's are stabilized and strengthened, and people – no matter who they are or what they've been through – can reach their fullest potential. **You make that possible.**



# YOU'RE SAVING LIVES

By supporting the Community Programs Branch, you're bringing to life programs such as Make Waves. Through this critical initiative, more than 150 children in underserved communities are learning how to swim – free of charge and close to their homes.

The need for this is great. According to the Centers for Disease Control and Prevention, drowning is the second leading cause of unintentional injury death for children ages 1 to 14. The fatal drowning rate of African-American children ages 5 to 14 is almost three times that of white children in the same age range. Swim lessons that can dramatically reduce injury and save lives are often not accessible or affordable for people in underserved communities.

When there is such a clear need, your help makes it possible for the Y to respond.

Make Waves makes use of a community landmark, the pool in Denver's historic Manual High School, and provides at-risk children free swim instruction from certified instructors. Kids learn how to be comfortable in and around water, and how to breathe, float, and kick. They build the confidence that comes with mastering a skill. They learn the techniques that will keep them safe.

Through Make Waves, older teens can obtain lifeguard certification. This means even more lives saved, and more opportunities for youth to contribute to their communities.

## COLLABORATION AND SUPPORT

When you support the Y, you're keeping Make Waves free and accessible to all.

## YOU'RE HELPING US REACH OUT AND RESPOND WITH PROGRAMS THAT FILL A VITAL NEED.

Swimming and splashing. Confidence and character. Safety and skills. Community connections. Thanks to you, we're making this possible.

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**WE COULDN'T DO IT WITHOUT YOU. IN 2016:**

**OVER 500**

**families** in your area will be strengthened, with help from Y Neighbors to meet their basic needs and access local resources.

.....  
**300**

**students and adults** will improve their health through free fitness and nutrition classes.

.....  
**550**

**children and youth** in your community will find support to play sports, stay in school, and reach their potential.

.....  
**OVER 68,000**

**lives will be impacted** by the Y all over Metro Denver